

Dear [Well Being Legacy](#) participants,

One year ago we gathered in Oakland to listen and learn from one another and deepen the reach and impact of the growing social movement for well-being in the nation. It was a powerful and affirming dialogue on what we can and must do together, to significantly improve the health of people and place, and to advance equity at each step of the journey.

MUCH HAS OCCURRED SINCE:

- Leaders from many of the **26 participating communities** have shared with us the ways they are increasing the comprehensiveness/dose-sufficiency of their place-based efforts to have a population level impact, with a focus on the most vulnerable. You can [read about some of these locales here](#).
- Leaders from **20 national organizations** are crafting “compacts” as bold commitments to forming a “Well Being Alliance” dedicated to accelerating systemic change. Many have shared with us the ways they are shifting organizational practices to create a culture of well-being; deepening understanding of healthy public policy potentials to ‘co-benefit’ their mission; and exploring evidence-based uses of private capital to fuel impact.
- The newly released [Well Being in the Nation Measures](#) will help leaders at all levels dig into the data to see what shapes well-being for different groups, connect with others to understand, develop solutions, act, and track outcomes.
- The birth of the [Well Being in the Nation \(WIN\) Network](#) as the inheritor and logical next step for Well Being Legacy, is designed to braid several interconnected cooperative streams of work into an integrated force for change. The **WIN Network** currently includes:
 - » **Living Agendas:** Policy and investment agendas at the community, state, and national level that advance intergenerational well-being and equity.
 - » **Dialogues, Storytelling, and Narrative Change:** A set of initiatives to build intergenerational dialogue and storytelling to help connect the nation and shift understanding about who we are, how we got here, and how we might create well-being and equity.
 - » **Measurement, Evaluation, and Learning:** A cooperative that helps measure, understand, and improve intergenerational well-being over time, assuring that data is equitably available to communities to generate the vital conditions for well-being.
 - » **Pacesetters:** Pacesetter initiatives, organizations, and communities that can demonstrate what intergenerational well-being looks like and can help others scale what works.
 - » **A Capacity Building System:** A system that can support communities on this journey, regardless of where they start, and helps them adopt/adapt what works for their community.
 - » **A Well Being Alliance:** A tighter network of leading organizations and communities that are committed to demonstrating these principles, adopting shared measures, and advancing a social movement for investment and policy changes that can achieve population-level outcomes.

GOING FORWARD:

- The WIN Network will feature a Support Team to convene, coordinate, and resource these efforts — led by Dr. Somava Saha (aka Soma Stout), Co-Executive Lead, 100 Million Healthier Lives, [sstout@ihi.org](mailto:ssout@ihi.org)
- A more complete description of the WIN Network, a website with robust resources, and ways for leaders of all stripes to meaningfully engage will be forthcoming soon.
- [Well Being Trust](#) is serving as a co-convenor and ‘seed funder’ of the WIN Network, and will place its community-facing emphasis on co-leading the Living Agendas and the Well Being Alliance.

Wherever you are — please join me in the things we can all do to increase human well-being: (1) turn to one another — building human bridges of trust and dignity; (2) create safe spaces for people to be who they are, as they are; and (3) for those of us who can — lead courageously in our communities and nation from where you stand. Lives depend on it.

If you would like to learn more about where Well Being Trust is focusing its investments in our mission to increase healthy life years for all in America, and to reverse the deaths of despair — please check out our [annual report and my opening letter](#).

We look forward to a growing partnership with you, and to your future engagement with the [WIN Network](#).

Onward together,

Tyler